

Top Dog - Grille Works

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Menu Item	Serving Size	Calories (Kcals)	Calories From Fat (Kcals)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Signature Builds												
Single Angus Burger	1 each	500	279	31	12	*1.5	70	600	32	2	6	23
Double Angus Burger	1 each	800	504	56	22	3	140	890	33	2	7	40
BBQ Bacon Angus Cheeseburger	1 each	590	324	36	15	*1.5	90	920	37	2	11	29
Steakhouse Angus Burger	1 each	630	378	42	14	1.5	85	800	35	2	8	26
Turkey Burger	1 each	420	198	22	7	*0	95	770	30	3	6	24
Double Turkey Burger	1 each	650	342	38	12	0	190	1180	31	3	7	43
BBQ Bacon Turkey Cheeseburger	1 each	500	234	26	9	0	115	1080	35	3	11	31
Steakhouse Turkey Burger	1 each	530	288	32	8	*0	105	960	34	3	8	28
Gardenburger	1 each	430	189	21	4.5	*0	15	980	51	7	9	12
BBQ Bacon Gardenburger	1 each	490	198	22	7	*0	30	1280	59	7	16	18
Steakhouse Gardenburger	1 each	510	252	28	6	*0	25	1110	54	8	10	15
Classic Crispy Chicken Sandwich	1 each	460	216	24	4.5	0	30	890	43	1	4	18
BBQ Bacon Crispy Chicken Sandwich	1 each	690	351	39	10	*0	65	1460	56	2	14	30
Steakhouse Crispy Chicken	1 each	710	396	44	9	*0.5	60	1280	52	3	8	27
Classic Grilled Chicken Sandwich	1 each	400	144	16	4.5	*0	90	780	31	3	7	35
BBQ Bacon Grilled Chicken Sandwich	1 each	460	153	17	7	0	105	1080	38	3	13	41
Steakhouse Grilled Chicken	1 each	480	207	23	6	*0	95	900	34	3	8	38
Philly Cheesesteak Sandwich	1 each	510	225	25	11	0.5	85	1000	40	2	6	30
Chicken Cheesesteak Sandwich	1 each	430	144	16	6	0	90	850	42	2	6	31
Chicken Tenders	3 each	510	315	35	5	0	45	1140	29	<1	0	21
Extras												
Patty	1 each	260	189	21	9	1.5	60	170	<1	0	0	15
Bacon	1 slice	45	31.5	3.5	1.5	0	10	160	0	0	0	2
Cheese	1 oz. slice	60	40.5	4.5	3	0	15	90	0	0	0	4
Fresh Jalapenos	2 Tbsp.	0	0	0	0	*	0	0	<1	0	<1	0
Mushrooms	1/2 cup	110	90	10	1	0	0	110	2	<1	0	2
Pickles	1 cup	10	0	0	0	0	0	970	1	<1	<1	0
Red Onions	1/4 cup	10	0	0	0	0	0	0	2	0	<1	0
Local Offerings												
Hot Dog - 1/4 pound	1 each	490	297	33	13	1.5	60	1440	30	2	4	18
Hot Dog	1 each	310	162	18	6	0	35	840	26	<1	5	10
Grilled Four Cheese Sandwich	1 each	510	252	28	16	0	50	870	44	1	2	21
Texas Grilled Cheese	1 each	360	162	18	9	0	20	720	39	1	7	11
Beer-Battered Cod Sandwich	1 each	580	333	37	6	0.5	35	730	43	2	5	18
Home-style Patty Melt	1 each	570	270	30	13	0	80	960	46	4	4	27
BBQ Pork Sandwich	1 each	430	54	6	1.5	*0	65	1140	64	1	34	27
Chicken Quesadilla	1 serving	760	360	40	19	*0.5	135	1410	55	2	6	42
Mozzarella Sticks & Sauce	1 serving	470	225	25	10	1	40	1350	42	5	5	18
Crispy Chicken Tenders	3 each	510	315	35	5	0	45	1140	29	<1	0	21
Sides												
Crispy Shoestring French Fries	4 3/4 oz.	280	140	15	3.5	0	0	450	32	3	0	3
Crispy Shoestring French Fries	2.75 oz.	170	80	9	2	0	0	270	19	2	0	2
Crispy Onion Rings	5 oz.	450	220	25	4.5	0	0	630	53	4	7	4
Mozzarella Sticks & Sauce	1 serving	470	230	25	10	1	40	1350	42	5	5	18
Twister Fries	5 oz.	550	310	34	8	0.5	0	1140	54	5	0	6
Twister Fries	3 oz.	330	180	21	4.5	0	0	690	33	3	0	3

*Some values for this nutrient are unavailable; the number listed is incomplete.

Revised: 8/12/16

Top Dog - Dog Pound

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Menu Item	Serving Size	Calories (Kcals)	Calories From Fat (Kcals)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Cinnamon Roll	1 each	470	171	19	6	3	30	830	68	2	25	8
Chocolate Chip Cookie	1 each	530	216	24	13	0	35	400	75	3	46	6
Oatmeal Raisin Cookie	1 each	480	180	20	11	0	35	400	69	4	38	6
Hot Dog	1 each	490	315	35	16	2	15	1460	27	1	3	18
Nachos	1 each	446	162	18	6	*0	20	1036	58	8	2	13
Cheese Pizza	1 each	450	162	18	7	*0	30	1000	48	3	4	23
Pepperoni Pizza	1 each	520	225	25	10	*0	45	1260	49	3	4	26
Soft Pretzel	1 each	480	41	5	1	*	0	360	101	2	0	12

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Revised: 7/26/16

Top Dog - Madison Bread Co.

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Sandwiches												
Fresh Country	1 each	920	279	31	10	*0	165	2200	92	5	8	67
Fresh Country	1/2 each	460	144	16	5	*0	80	1100	46	2	4	34
Grilled Vegetable Lavash Wrap	1 each	440	126	14	5	*0	20	1330	67	6	11	13
Grilled Vegetable Lavash Wrap	1/2 each	220	63	7	3	*0	10	660	33	3	5	7
Bacon Cheddar Chicken	1 each	930	297	33	9	*0	130	2320	101	4	19	56
Bacon Cheddar Chicken	1/2 each	460	144	16	5	*0	65	1160	50	2	9	28
Chicken Cordon Bleu	1 each	1090	441	49	12	*0	100	2560	113	4	13	50
Chicken Cordon Bleu	1/2 each	550	225	25	6	*0	50	1280	56	2	6	25
Tuscan Vegetable	1 each	420	153	17	5	*0	25	650	50	3	4	16
Tuscan Vegetable	1/2 each	210	81	9	3	*0	15	320	25	1	2	8
Smoked Turkey	1 each	620	297	33	8	*0	75	1750	54	3	6	30
Smoked Turkey	1/2 each	310	153	17	4	*0	40	870	27	1	3	15
Chicken Parmesan	1 each	800	189	21	9	*0	115	1810	94	5	11	57
Chicken Parmesan	1/2 each	400	99	11	5	*0	55	900	47	3	5	28
Mac and Cheese Panini	1 each	420	63	7	2	*0	5	880	74	3	2	13
Mac and Cheese Panini	1/2 each	210	32	4	1	*0	<5	440	37	2	1	6
Made-to-Order Salad												
Base												
Lettuce Mix	4 oz.	20	0	0	0	*	0	15	4	2	2	1
Spinach	4 oz.	25	0	0	0	*	0	90	4	2	0	3
Protein												
Hard-cooked egg	1 each	80	45	5	2	0	185	70	<1	0	<1	6
Garbanzo Beans	2 oz.	80	14	2	0	0	0	55	11	4	0	4
Chicken, Seasoned	4 oz.	140	45	5	1	*0	65	170	0	0	0	24
Toppings												
Cheddar Cheese	1 oz.	110	81	9	6	0	30	180	0	0	0	7
Cherry Tomatoes	1 oz.	5	0	0	0	*	0	0	1	0	<1	0
Corn	1 oz.	25	0	0	0	*	0	0	6	<1	<1	<1
Broccoli	1 oz.	10	0	0	0	*	0	10	2	<1	0	<1
Mandarin Oranges	1 oz.	15	0	0	0	0	0	0	4	0	3	0
Peas	1 oz.	20	0	0	0	*	0	30	4	1	1	1
Carrots	1 oz.	10	0	0	0	0	0	20	3	<1	1	0
Pear	1 oz.	15	0	0	0	0	0	0	3	0	3	0
Red Onion	1 oz.	10	0	0	0	*	0	0	3	0	1	0
Black Olives	1 oz.	35	27	3	0	*	0	210	2	<1	0	0
Bacon, Diced	1 oz.	140	99	11	5	0	30	480	0	0	0	10
Sunflower Seeds	1 oz.	160	126	14	2	*	0	0	7	3	<1	5
Raisins	1 oz.	80	0	0	0	*	0	0	22	1	17	<1
Croutons	1 oz.	120	36	4	0	0	0	340	19	<1	2	3
Dressings												
Honey Mustard	2 Tbsp.	130	108	12	2	0	15	180	7	0	6	0
Creamy Caesar	2 Tbsp.	140	135	15	3	0	0	260	1	0	<1	<1
Golden Italian	2 Tbsp.	40	32	4	1	0	0	260	2	0	2	0
Ranch	2 Tbsp.	100	90	10	2	0	10	260	1	0	<1	<1
Balsamic Vinaigrette	2 Tbsp.	60	45	5	1	0	0	200	4	0	4	0
Lite Raspberry Vinaigrette	2 Tbsp.	70	45	5	1	0	0	120	4	0	2	0
Vegetable Oil	2 Tbsp.	10	18	2	0	0	0	0	0	0	0	0
Red Wine Vinegar	2 Tbsp.	0	0	0	0	0	0	0	0	0	0	0
Sides												
Potato Salad	1/2 cup	200	99	11	3	0	20	550	21	3	3	2
Italian Pasta Salad	1/2 cup	323	145	16	4	0	54	582	33	1	3	11
Chip, Homemade	1 oz.	165	90	10	2	*0	0	225	18	2	1	2
Apple	1 each	125	0	0	0	0	0	2	29	5	22	1
Orange	1 each	69	0	0	0	0	0	1	18	3	12	1
Banana	1 each	105	0	0	0	0	0	1	27	3	14	1
Fruit Salad	1/2 cup	60	0	0	0	0	0	14	16	1	15	0
Dill Pickles, Spears	1 each	3	0	0	0	0	0	246	0	0	0	0

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Top Dog - Mongolian Grill

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Daily Entrée												
Lo Mein	1 serving	290	27	3	1	*0	40	750	43	3	4	21
General Tso's Chicken Stir-Fry	1 serving	980	63	7	2	*0	65	780	182	5	18	42
Asian Salad	1 serving	80	9	1	0	0	0	90	15	3	4	3
Dressing												
Spicy Sesame Vinaigrette	2 oz.	220	189	21	3	*0	0	430	8	0	7	<1
Thai Peanut Dressing	2 oz.	200	144	16	3	*0	0	430	13	1	10	5
Stir Fry Bar												
Base												
White Rice	1 cup	350	9	1	0	*0	0	15	78	<1	<1	8
Brown Rice	1 cup	370	27	3	1	*0	0	15	77	3	<1	9
Fried Rice	1 cup	540	189	21	4	*0	190	1390	73	3	4	15
Noodles	1 cup	120	0	0	0	*	0	30	28	1	0	2
Protein												
Chicken	4 oz.	150	27	3	1	0	85	1300	2	0	0	27
Beef	4 oz.	160	36	4	2	*0	65	1310	2	0	0	29
Pork	4 oz.	150	36	4	1	0	70	1390	2	0	0	25
Vegetable												
Golden Stir Fry	1/4 cup	15	0	0	0	0	0	20	4	1	<1	<1
Oriental Blend Stir Fry	1/4 cup	15	0	0	0	0	0	25	3	1	0	<1
Sauce												
Teriyaki Sauce	2 oz.	100	23	3	0	*0	0	570	18	0	15	<1
Fiery Sweet Thai Sauce	2 oz.	100	36	4	3	*0	0	930	15	0	*12	2
Schezuan Hot Sauce	2 oz.	100	54	6	3	*0	0	670	9	0	*6	1
Country Curry Sauce	2 oz.	110	108	12	11	*0	0	70	2	0	*0	1
Dumpling Station												
Dumpling												
Chicken Dumpling	5 each	100	18	2	1	*	<5	390	17	2	5	3
Pork Dumpling	5 each	100	18	2	1	*	<5	390	17	2	5	3
Vegetable Dumpling	5 each	100	18	2	1	*	<5	390	17	2	5	3
Thai Basil Dumpling	5 each	90	32	4	2	*0	40	300	3	0	*<1	13
Pork Bao Dumpling	2 each	540	243	27	10	*0	115	870	36	1	9	36
Side												
White Rice	1 cup	350	9	1	0	*0	0	15	78	<1	<1	8
Brown Rice	1 cup	370	27	3	1	*0	0	15	77	3	<1	9
Fried Rice	1 cup	540	189	21	4	*0	190	1390	73	3	4	15
Noodles	1 cup	120	0	0	0	*	0	30	28	1	0	2
Dipping Sauce												
Dumpling Sauce	1 cup	230	0	0	0	*0	0	7490	40	2	28	17
Pad Thai Bar												
Noodles	1 cup	120	0	0	0	*	0	30	28	1	0	2
Tofu	1/4 pound	90	41	5	1	0	0	15	2	1	<1	9
Scrambled Egg	1/4 cup	70	41	5	2	0	185	160	0	0	0	6
Lime Wedge	1 wedge	0	0	0	0	*	0	0	<1	0	0	0
Scallion	1 oz.	10	0	0	0	*	0	0	2	<1	<1	<1
Shrimp	4 oz.	70	9	1	0	0	145	170	0	0	0	16
Pad Thai Sauce	3/4 cup	450	0	0	0	0	0	3120	111	0	105	0
Peanuts	1 oz.	180	126	14	2	0	0	115	6	3	<1	8
Side Items												
Egg Roll	1 each	220	126	14	4	0	15	590	19	2	3	7
Asian Salad	1 serving	80	9	1	0	0	0	90	15	3	4	3
Crab Ragoon	5 each	240	32	4	2	*0	20	470	41	1	*0	9
Garden Spring Roll	1 each	240	0	0	0	*0	0	530	56	2	23	2
Chinese Donuts	3 each	310	117	13	3	*6	0	960	42	2	5	7

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