

# Nacho Papi

**Disclaimer:** The nutritional information on this site is for the serving size listed, based on adherence to the recipe, as developed and tested in our culinary center. Any changes from the recipe, such as changes to meet local taste preferences, product substitutions or serving size modifications will change the nutrient content of an item, and render the information inaccurate. We hope this information will help you meet your nutritional goals.

Menu Item	Serving Size	Calories										
		Calories (Kcals)	From Fat (Kcals)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>Express Menu</b>												
<b>Base</b>												
Soft Corn Tacos	3 each	110	14	1.5	0	0	0	45	23	3	0	2
Hard Shell Tacos	3 each	190	72	8	1	0	0	0	26	2	<1	3
Nachos	1 serving	300	72	8	1.5	0	0	320	52	7	<1	5
Salad Bowl	1 serving	10	0	0	0	*	0	0	2	1	<1	<1
Rice Bowl	1 serving	120	4.5	0.5	0	*0	0	45	27	0	0	3
<b>Protein</b>												
Slow Roasted Beef	1 serving	110	27	3	1	*0	50	130	0	0	0	19
Braised Chicken Thighs	1 serving	180	99	11	3	*0	85	250	2	0	<1	19
Black Beans and Tofu	1 serving	170	36	4	1	*0	0	1230	21	7	4	12
<b>Pick Your Flavor</b>												
Lettuce	1 serving	0	0	0	0	*	0	0	0	0	0	0
Queso Fresco	2 Tbsp	110	72	8	5	*	30	170	2	0	2	6
Salsa	2 Tbsp	10	0	0	*	0	0	220	2	*	1	0
Chipotle Sauce	2 Tbsp	25	9	1	0	0	0	240	5	1	2	0
Guacamole	2 Tbsp	35	27	3	0	*0	0	30	2	2	0	<1
Jalapenos	1 serving	0	0	0	0	*	0	0	<1	0	<1	0
Kimchi	1 serving	0	0	0	0	*0	0	20	1	0	*0	0
Picked Radish	1 serving	10	0	0	0	*0	0	25	2	0	*1	0
Korean BBQ Sauce	2 Tbsp	40	0	0	0	*0	0	270	9	0	8	0
Shredded Jack Cheese	1 serving	60	40.5	4.5	3	*	15	90	0	0	0	4
Nacho Cheese Sauce	2 Tbsp	25	4.5	0.5	0	*0	0	150	4	0	<1	0
Shredded Purple Cabbage	1 serving	0	0	0	0	*	0	0	1	0	<1	0
Pineapple Salsa	2 Tbsp	10	0	0	0	*0	0	40	2	0	1	0
Jerk-Avocado Crème	2 Tbsp	50	40.5	4.5	2	*0	5	45	2	<1	<1	<1
<b>Sides</b>												
Chips and Salsa	1 serving	340	72	8	*1.5	0	0	1200	60	*7	4	5
Chips and Guacamole	1 serving	450	189	21	3.5	*0	0	435	62	13	2	7
<b>Dessert</b>												
Funnel Cake Fries	1 serving	225	131	15	7	*0	32	258	26	0	6	3
Mexican Hot Chocolate Diping Sauce	2 oz.	136	6	1	1	0	0	20	34	1	28	1
<b>Drinks</b>												
Mexican Hot Chocolate	1 serving	240	90	10	6.5	0	35	270	28	<1	19	9
Chilled Mexican Hot Chocolate	1 serving	240	90	10	6.5	0	35	270	28	<1	19	9

\*Some values for this nutrient are unavailable; the number listed is incomplete.

Created: 8/1/2016