

Madison Grill

Disclaimer: The nutritional information on this site is for the serving size listed, based on adherence to the recipe, as developed and tested in our culinary center. Any changes from the recipe, such as changes to meet local taste preferences, product substitutions or serving size modifications will change the nutrient content of an item, and render the information inaccurate. We hope this information will help you meet your nutritional goals.

Menu Item	Serving Size	Calories (kcal)	Calories From Fat (kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Small Plates												
Fried Mozzarella	1 serving	470	234	26	10	*1	40	1360	42	5	6	18
Onion Rings	5 ozw	740	405	45	8	*	0	1390	78	5	10	7
Boneless Wings	1 serving	130	32	3.5	1	0	55	80	0	0	0	22
Traditional Wings	6 piece	130	32	3.5	1	0	55	80	0	0	0	22
Buffalo Sauce	2 fl oz	120	0	0	0	*0	0	510	28	0	25	<1
BBQ Jerk Sauce	2 fl oz	210	207	23	15	*	60	470	0	0	0	0
Honey Mustard	2 fl oz	130	32	3.5	0	*0	0	1020	22	2	20	3
Salads												
House Caesar Salad	1 serving	240	171	19	3.5	*0	5	470	13	2	2	5
Chicken and Avocado Cobb	1 serving	410	243	27	9	*0	225	1170	17	5	10	26
Honey Spinach Salad	1 serving	240	171	19	4	*0	15	450	16	4	10	7
Madison Grill House Salad	1 serving	60	5	0.5	0	*0	0	40	13	5	7	3
Super Duke Salad	1 serving	490	243	27	4	*0	5	150	52	11	*16	17
The Green Machine	1 serving	450	207	23	2.5	*0	<5	210	49	14	*8	19
Sandwiches												
Fresh Catch Fish	1 each	680	360	40	6	*0	55	860	58	3	5	20
Crab Cake Sandwich	1 each	600	297	33	6	*0	135	1220	55	2	5	21
Grilled Chicken Avocado Club	1 each	750	360	40	9	*0	100	2170	57	3	9	39
Madison Grill Burger	1 each	840	387	43	17	*2	165	1290	51	1	5	58
Spicy Black Bean Burger	1 each	640	306	34	8	*0	70	1000	66	7	*5	18
American Steak Sandwich	1 each	970	261	29	16	*0	105	1950	131	5	26	46
Rueben	1 each	660	351	39	17	*0	105	1820	48	4	5	30
Entrees												
Steak Frites with Broccoli	1 serving	550	234	26	9	*0	160	680	22	4	1	55
Southwest Grilled Chicken with Black Beans and Quinoa Pilaf	1 serving	460	63	7	1	*0	70	200	69	10	*16	31
Southern Crab Mac & Cheese	1 serving	1120	450	50	29	*1	135	1520	108	4	16	51
Pasta Carbonara	1 serving	610	162	18	8	*0	50	1370	73	6	13	33
Cavatappi Alfredo	1 serving	490	117	13	6	*0	20	290	75	3	7	19
Pasta Marinara	1 serving	290	18	2	0	*0	0	150	57	5	6	10
Kale Pesto Quinoa Bowl	1 serving	500	153	17	4	*2	10	370	69	11	7	23
Roasted Garden Vegetable Quinoa Bowl	1 serving	70	9	1	0	*0	0	55	13	2	*1	3
Side												
Toss Salad	1 serving	20	0	0	0	*	0	10	4	2	2	1
Steak Fries	1 serving	230	99	11	2.5	0	0	40	28	3	0	3
Sweet Potato Fries	1 serving	430	216	24	3	0	0	230	49	6	14	4
Dessert												
Lavendar Crème Brulee	1 serving	610	450	50	30	*	370	55	37	0	35	6
Sesonal Ice Cream	1 serving	140	63	7	4	*0	25	40	18	0	15	2
Added Protien												
Chicken	1 each	110	23	2.5	0.5	*0	60	330	0	0	0	21
Steak	1 each	140	45	5	1	*0	50	180	0	0	0	22
Fresh Fish	1 each	170	63	7	3	*0	65	610	<1	0	0	23

*Some values for this nutrient are unavailable; the number listed is incomplete.

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2,000 calories a day is used for general nutrition advice, but calorie needs vary.